



Weekly Lunch Menu



	Monday	Tuesday	Wednesday	Thursday	Friday	
Week One	Main Meal	Chicken Tikka Masala Marinated chicken in a lightly spiced yogurt sauce	Tomato & Basil Penne Pasta Classic Italian style pasta	Roast Beef in Gravy Tender slices of roast beef in gorgeous gravy	Sausage & Bean Crumble Pork sausages & Borlotti beans in a herby sauce	Fab Fish Pie Salmon, Smoked Haddock & white fish in a creamy sauce
	Side Dish	Vegetable Rice A blend of carrots, peas, spring onion & peppers	Sweetcorn Perfect little yellow kernels of sweetcorn	Roast Potatoes & Green Beans Golden roast potatoes & super tasty green beans	Carrots Colourful & naturally sweet sliced carrots	Summer Minted Vegetables Green beans & peas with fragrantly fresh mint
	Dessert	Chocolate Sponge A light & delicate choccy sponge	Peach & Apricot Compote Delicious sweet peaches with apricots	Apple Crumble Classic British dessert of Bramley apples topped with a golden crumble	Lemon Sponge Sicilian Lemon flavoured sponge with creamy custard	Chef's Rice Pudding Chef Liam's creamy rice pudding

Week Two	Main Meal	Classic Beef Lasagne Bolognese sauce layered between lasagne sheets & topped with cheese	Meatballs in Tomato Sauce Lovely round Pork meatballs in a rich tomato sauce	Chicken in Gravy Succulent sliced chicken in rich gravy	Vegetarian Cottage Pie Vegetarian mince with a mixture of vegetables in a cheesy tomato sauce	Salmon & Broccoli Bake Salmon pieces & broccoli in a creamy cheesy sauce
	Side Dish	Sweetcorn Perfect little yellow kernels of sweetcorn	Vegetable Rice A blend of carrots, peas, spring onion & peppers	Golden Roast Potatoes & Peas British potatoes with little green and round bundles of joy	Mixed Vegetables A lovely blend of cauliflower, green beans, peas & carrots	Peas Vibrant & tasty peas
	Dessert	Apricot Crumble Splendid little apricots topped with a golden crumble	Rice Pudding Creamy grains of rice with a hint of nutmeg	Bramley Apple Pie Classic British dessert of Bramley apples topped with a golden pastry & custard	Vanilla Sponge A light and delicate Vanilla flavoured sponge	Apple & Strawberry Compote Delicious tart apple & sweet strawberries

Delicious food that little ones love

